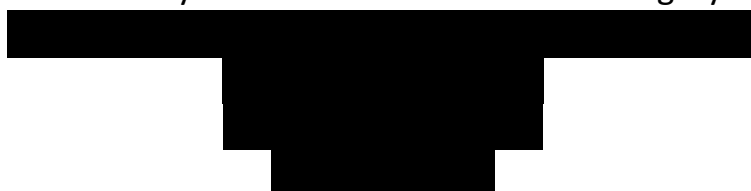


Nina Crowley, PhD, RDN, LD

Medical University of South Carolina Bariatric Surgery Program



Education

12/08 – 7/14	Doctor of Philosophy Degree in Health Psychology Walden University, Minneapolis, MN Dissertation: <i>“A Comparison of Gastric Bypass Weight Regainers and Maintainers on Preoperative Health-Related Quality of Life and Postoperative Binge Eating”</i> Dissertation Chair: Susan L. Rarick, PhD
7/04 – 7/05	Master of Science Degree in Healthcare Policy and Management, with a concentration in Nutrition State University of New York at Stony Brook, Stony Brook, NY Research Practicum: <i>“Understanding the knowledge, attitudes, and beliefs of Elementary School principals regarding health report cards in school”</i>
8/04 – 5/05	Dietetic Internship State University of New York at Stony Brook, Stony Brook, NY
8/00 – 5/04	Bachelor of Science Degree in Nutritional Science Cornell University, Ithaca, NY

Professional Experience

2016 – present	Medical University of South Carolina, Digestive Disease Center, Charleston, SC Metabolic & Bariatric Surgery Program Coordinator (6/16-present)
2006 - 2016	Medical University of South Carolina, Department of Nutrition Services, Sodexo, Charleston, SC Clinical Dietitian 3- Outpatient Bariatric Dietitian (5/14 – present) Clinical Dietitian 2- Outpatient Bariatric Dietitian (11/07- 5/14) Clinical Dietitian 1- Adult Inpatient Dietitian (9/06-11/07)
2005-2006	Stony Brook University Hospital, Department of Family Medicine WIC Program, Stony Brook, NY WIC Nutritionist (5/05–9/06)

Teaching Experience

2015-2017	State University of New York at Stony Brook, Stony Brook Medicine, Graduate Nutrition Program HFN575: Research Methods in Nutrition
2011-2013	Medical University of South Carolina Intra-Professional 707: Addressing Childhood Obesity through Community Approaches “Motivating for Behavior Change”
2007 (annually)	Medical University of South Carolina Dietetic Internship Annual lectures: “Weight Bias in Dietetic Professionals”, “Behavior Change Bootcamp/Motivational Interviewing Workshop”, “Getting Involved in Public Policy and Dietetic Associations”, “Obesity as a Disease”, “Making an Impact with Motivational Interviewing”
2010 – 2016 (annually)	Medical University of South Carolina Bio-Behavioral Medicine Seminar Series: “Nutrition and Dietary Changes in Bariatric Surgery”, “The Role of an RD in a Bariatric Practice”
2011- 2013	Art Institute of Charleston Adjunct Faculty for SC104: Nutrition for Foodservice and Culinary Professionals
2011	College of Charleston Invited guest lecture for Consumer Health class “Weight Control and Fad Diets” and “Nutrition Fads, Fallacies, & Scams”

Certification and Licensure

2011	Certificate of Training in Leadership: American Dietetic Association Leadership Institute
2008	Certificate of Training in Adult Weight Management: Commission on Dietetic Registration for the American Dietetic Association
2007 – present	Licensed Dietitian: State of South Carolina License Number 125
2005 – present	Registered Dietitian: Commission on Dietetic Registration for the American Dietetic Association, Membership Number 952921

Professional Society Memberships/Leadership Positions

2019 – 2021	Obesity Action Coalition Board of Directors
2012 – 2015	American Psychological Association Student Associate Member, Section 38 Health Psychology
2011 – 2014	Behavioral Health Nutrition Dietetic Practice Group Website Editor and Webinar Coordinator (2011-2013)

Professional Society Memberships/Leadership Positions (continued)

2011 – present	The Obesity Society, Bariatric Subunit
2008 – present	Weight Management Dietetic Practice Group Bariatric Surgery Section Newsletter Editor (2013-2015) Research Committee (2015-2016) Nominating Director (2016-2018) Policy and Advocacy Leader (PAL) (2017-2020)
2007 – present	American Society for Metabolic and Bariatric Surgery Integrated Health Executive Council Member at Large (2018-2021) Bariatric Society of the Carolinas Integrated Health Liaison to Executive Committee (2016-2020) Integrated Health Support Group Committee (2016-2018)
2006 – present	South Carolina Academy of Nutrition and Dietetics Nominating Chair Elect (2009-2010) Nominating Chairperson (2010-2011) President (2011-2014) Public Policy Coordinator (2013-2017)
2006 – present	Charleston Trident Dietetic Association Nominating Committee (2007-2008) Nominating Chairperson (2008-2009) President Elect (2009-2010) President (2010-2011) Past-President (2011-2012) Co-President (2015-2016)
2005 – present	Academy of Nutrition and Dietetics Evidence Analysis Library Bariatric Surgery Workgroup Chair (2014-2017)

Publications

Tewksbury, C., Crowley, N., Parrott, J. M., Andromalos, L., Isom, K. A., Smith, E., Allison, K. C. (2019). Weight loss prior to bariatric surgery and 30-day mortality, readmission, reoperation and intervention: An MBSAQIP analysis of 349,016 cases. *Obesity Surgery*. In Press. doi: <https://doi.org/10.1007/s11695-019-04041-w>

Crowley, N. (2018). Comment on: Replication and Extension of Dietary Adherence as a Predictor of Suboptimal Weight-Loss Outcomes in Post-bariatric Patients. *Surgery for Obesity and Related Diseases*. doi: <https://doi.org/10.1016/j.soard.2018.11.027>

Andromalos, L., Crowley, N., Brown, J., Craggs-Dino, L., Handu, D., Isom, K., Lynch, A., & DellaValle, D. (2018). Nutrition Care in Bariatric Surgery: An Academy Evidence Analysis Center Systematic Review. *Journal of the Academy of Nutrition and Dietetics*. In Press. doi: <https://doi.org/10.1016/j.jand.2018.08.002>

Christon, L. M., Weber, A., Leshner, A., Crowley, N., Jones, M., Byrne, T. K., & Wedin, S. (2018). Transition Readiness in Adolescents with Severe Obesity Presenting for Bariatric and Metabolic Surgery. *Bariatric Surgical Practice and Patient Care*, 13(3). doi: <https://doi.org/10.1089/bari.2018.0012>

Beebe, M. L., Crowley, N. (2015). Can hypocaloric high-protein nutrition support be used in complicated bariatric patients to promote weight loss? *Nutrition in Clinical Practice*, 30(4), 522- 529. doi:10.1177/0884533615591605

Wedin, S., Madan, A., Correll, J., Crowley, N., Malcolm, R., Byrne, T. K., & Borckardt, J. (2014). Emotional eating, marital status and history of physical abuse predict 2 year weight loss in weight loss surgery patients. *Eating Behaviors*, 15, 619-624. doi:10.1016/j.eatbeh.2014.08.019.

Crowley, N. M. (2014). *A comparison of gastric bypass weight regainers and maintainers on preoperative health-related quality of life and postoperative binge eating*. (Order No. 3619605, Walden University). ProQuest Dissertations and Theses, 127. Retrieved from <http://search.proquest.com/docview/1534384718?accountid=36330> (1534384718)

Edwards-Hampton, S. A., Madan, A., Wedin, S., Borckardt, J., Crowley, N., & Byrne, T. K. (2014). A closer look at the nature of anxiety in weight loss surgery candidates. *The International Journal of Psychiatry in Medicine*, 47(2), 105-113. doi: 10.2190/PM.47.2.b

Crowley, N., Madan, A., Wedin, S., Correll, J. A., Delustro, L. M., Borckardt, J. J., & Byrne, T. K. (2014). Food cravings among bariatric surgery candidates. *Eating and Weight Disorders*, 19, 371-376. doi:10.1007/s40519-013-0095-y

Wedin, S., Byrne, T. K., Morgan, K., LePage, M. L., Goldman, R. L., Crowley, N., Galloway, S., & Brockardt, J. (2012). Pre-surgical weight is associated with pain, functional impairment and anxiety among gastric-bypass surgery patients. *Pain Research and Treatment*, vol. 2012, Article ID 412174, doi: 10.1155/2012/412174

Crowley, N. M., LePage, M. L., Goldman, R. L., O'Neil, P. M., Borckardt, J. J., & Byrne, T. K. (2012). The food craving questionnaire-trait in a bariatric surgery seeking population and ability to predict post-surgery weight loss at six months. *Eating Behaviors*, 13, 366-370. doi: 10.1016/j.eatbeh.2012.07.003

Crowley, N., Budak, A., Byrne, T. K., & Thomas, S. (2011). Patients that endorse binge eating triggers before gastric bypass lose less weight at six months. *Surgery for Obesity and Related Diseases*, 7(1), 55-59. doi: 10.1016/j.soard.2010.10.016

Book Chapters

DeLegge, M., Petitpain, D., & Crowley, N. (2012). Post bariatric surgery and post-bariatric surgery nutrition needs. In I. Kohlstadt (Ed.), *Advancing medicine with food and nutrients Second Edition* (pp. 341-355). Boca Raton, FL: CRC Press.

Crowley, N., Arlinghaus, K. R., & Myers, E. S. (2019). Dietary management of overweight and obesity. In J. Rippe (Ed.), *Lifestyle medicine, Second Edition* (pp. 75-81). Boca Raton, FL: CRC Press.

Abstracts

Head, W., Crowley, N., Leshner, A., Jones, M., Wedin, S., Christon, L. (2019). *Adolescents Proceeding to Weight Loss Surgery Have Higher Parent and Self-rated Quality of Life*. E-poster presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Las Vegas, NV.

Head, W., Crowley, N., Leshner, A., Jones, M., Wedin, S., Christon, L. (2019). *Adolescents Proceeding to Weight Loss Surgery Have Higher Parent and Self-rated Quality of Life*. Poster presentation at the Perry V Halushka MUSC 2019 Research Day; Charleston, SC.

Pullatt, R., Crowley, N., Byrne, T. K., Axiotis, D. (2018). Bariatric Surgery as a bridge to cardiac transplantation in patients with LVAD. E-poster presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Nashville, TN.

Pullatt, R., Byrne, T. K., Crowley, N. M., Peterson, A. Jones, M., Axiotis, D., White, B., Allen, S., Kim, D. (2018). Laparoscopic biliopancreatic diversion with duodenal switch: Technical considerations in the high BMI patient. Video presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Nashville, TN.

Pullatt, R., Byrne, T. K., White, B., Allen, S., Crowley, N. M., Axiotis, D. (2018). Laparoscopic roux-en-y fistulojejunostomy for a chronic sleeve leak with bronchopleural fistula. Video presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Nashville, TN.

Pullatt, R., Byrne, T. K., White, B., Axiotis, D., Jones, M., Allen, S., Crowley, N. M. (2018). Laparoscopic Nissen fundoplication with the excluded stomach for Recalcitrant GERD after a Roux en Y gastric bypass. Video presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Nashville, TN.

Pullatt, R., Byrne, T. K., Allen, S., Crowley, N. M. (2018). Laparoscopic gastrogastic anastomosis for a twisted sleeve. Video presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Nashville, TN.

Kilpatrick, R., Carter, L., Byrne, T. K., Christon, L., Axiotis, D., Peterson, A., Jones, M., Crowley, N. (2017). Feasibility and acceptability of an integrated behavioral medicine service within a post-bariatric surgery clinic. Poster Presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Washington, DC.

Christon, L., Wedin, S., Crowley, N., Jones, M., Leshner, A., Axiotis, D., Borckardt, J. (2017). Transition-readiness in Adolescent Patients with Severe Obesity Presenting for Weight Loss Surgery. Poster Presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Washington, DC.

Pullatt, R., Crowley, N., Bagwell, E., Byrne, K. (2017). Laparoscopic takedown of a recurrent gastrojejunocolonic fistula after a gastric bypass. Poster presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Washington, DC.

Pullatt, R., Byrne, K., Axiotis, D., Crowley, N. (2017). Robotic redo heller myotomy after laparoscopic heller myotomy in a patient with recurrent achalasia after a roux-en-y gastric bypass. Poster presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Washington, DC.

Pullatt, R., Byrne, K., Crowley, N., Axiotis, A., Kim, D. (2017). Laparoscopic conversion of a sleeved nissen fundoplication to an esophagojejunostomy. Poster Presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Washington, DC.

Pullatt, R., Crowley, N., Axiotis, D., Taylor, J., Kim, D. (2017). Laparoscopic conversion to a roux-en-y gastric bypass after failed magnetic sphincter augmentation for GERD. Video Abstract at the American Society for Metabolic & Bariatric Surgery, Obesity Week; Washington, DC.

Pullatrana, C. C., Serber, E. R., Christon, L. M., Borckardt, J. J., Byrne, T. K., Wedin, S., & Crowley, N. M. (2016). Emotional Eating is Related to Depression in Adolescents and Young Adults Seeking Weight Loss Surgery. Poster presentation at the Obesity Society, Obesity Week; New Orleans, LA.

Pullatt, R., Peterson, A., Connor, C., Crowley, N. M., Byrne, T. K. (2016). Laparoscopic repair of a recurrent GastroGastric fistula after failed Transgastric closure of fistula. Poster presentation at the American Society for Metabolic & Bariatric Surgery, Obesity Week; New Orleans, LA.

Crowley, N. M., Wedin, S., Collins, B., Borckardt J. J., Pullat, R. R., & Byrne, T. K. (2015). Patients with food aversion post-weight loss surgery: Hard to spot, difficult to treat. The Obesity Society, Obesity Week; Los Angeles, CA.

Crowley, N. M., DellaValle, D. M., Borckardt, J. J., Byrne, T. K., Rarick, S. L. (2015). How is pre-operative health-related quality of life related to post-bariatric surgery weight loss? The Obesity Society, Obesity Week; Los Angeles, CA.

Crowley, N. M., Castle, E., Shokri, A., & DellaValle, D. M. (2015). Relationships Between Registered Dietitian-Nutritionist-led support group attendance and weight loss success in patients after bariatric surgery. Food and Nutrition Conference & Expo; Nashville, TN.

Crowley, N. M., Shokri, A., Petitpain, D., & DellaValle, D. M. (2015). Pre-operative micronutrient screening status by the RDN and post-surgery readmission in patients after bariatric surgery. Food and Nutrition Conference & Expo; Nashville, TN.

Crowley, N., DellaValle, D., & Petitpain, D. (2015). Micronutrient status of pre-bariatric surgery patients: The prevalence of rare and poly-micronutrient deficiencies and relationship with presurgery BMI. Oral Abstract Presentation during Minisymposium on Obesity: Chronic Diseases at the Experimental Biology Annual Meeting; Boston, MA.

Castle, E., Crowley, N. M., & DellaValle, D. M. (2015). Bariatric Surgery Support Group: Does It Make A Difference? Poster Presentation at the South Carolina Academy of Nutrition and Dietetics Annual Meeting; Columbia, SC and Medical University of South Carolina Department of Medicine Research Symposium; Charleston, SC.

Patrick, R., Wedin, S., Crowley, N. M., Byrne, T. K., & Borckardt, J. J. (2014). Estimated Full-Scale IQ does not Predict Weight Loss after Bariatric Surgery. Poster Presentation at Obesity Week, the Annual Meeting of The Obesity Society & the American Society for Metabolic and Bariatric Surgery; Boston, MA.

Wedin, S., Madan, A., Correll, J., Crowley, N., Malcolm, R., Borckardt, J. J., & Byrne, T. K. (2013). Psychosocial predictors of 2-year outcomes among weight loss surgery recipients: Honing in on what matters. Poster Presentation at Obesity Week, the Annual Meeting of The Obesity Society & the American Society for Metabolic and Bariatric Surgery; Atlanta, GA.

Crowley, N., Madan, A., Wedin, S., Correll, J., Delustro, L., Borckardt, J., & Byrne, T. K. (2013). Food cravings among bariatric surgery candidates. Poster Presentation at Obesity Week, the Annual Meeting of The Obesity Society & the American Society for Metabolic and Bariatric Surgery; Atlanta, GA.

Crowley, N. M., Madan, A., Wedin, S., Borckardt, J., Crowley, N. M., & Byrne, T. K. (2012). A closer look at the nature of anxiety in weight loss surgery candidates. Poster Presentation at the Annual Meeting of The Obesity Society; San Antonio, TX.

Wedin, S., Byrne, K., Morgan, K., Goldman, R. L., & Crowley, N. M. (2012). Pre-surgical weight is associated with pain, functional impairment and anxiety among gastric-bypass surgery patients. Poster Presentation at the Thirty-Third Annual Meeting of the Society of Behavioral Medicine; New Orleans, LA.

Crowley, N., Borckardt, J., Budak, A., Byrne, T. K., & Thomas, S. (2011). Predicting weight loss success one year after gastric bypass surgery using the inventory of binge eating. Poster Presentation at the Annual Meeting of The Obesity Society; Orlando, FL.

Chin, B. L., Crowley, N. M., Petitpain, D. L., & Martin, K. L. (2011). Knowledge retention in gastric bypass patients participating in a nutrition intervention program. Poster Presentation at the South Carolina Dietetic Association Annual Meeting; Greenville, SC.

McDaris, M. B., Crowley, N. M., Petitpain, D. L., & Martin, K. L. (2011). Assessment of weight bias among dietetic interns using the fat phobia scale before and after instruction on weight bias. Poster Presentation at the South Carolina Dietetic Association Annual Meeting; Greenville, SC.

Lepage, M., Crowley, N., Wedin, S., Madan, A., Goldman, R., Balliet, W., Galloway, S., & Byrne, T. K. (2011). The MMPI-2 validity scales as predictors of post-bariatric surgery weight loss. Poster Presentation at the Annual Meeting of The Obesity Society; Orlando, FL.

Crowley, N., Budak, A., Byrne, T. K., & Thomas, S. (2010). Patients that endorse binge eating behaviors prior to gastric bypass lose less weight at six months. Podium Presentation at the Behavioral Health Session of the Annual Meeting of the American Society for Metabolic and Bariatric Surgery; Las Vegas, NV.

Crowley, N., Thomas, S., & Budak, A. (2009). Binge eating "to get high" is differentially endorsed by bariatric surgery-seeking patients but is not related to baseline weight or BMI. Poster Presentation at the Annual Meeting of The Obesity Society; Washington, DC.

Budak, A., Petitpain, D., Crowley, N., Axiotis, D., Hunt, K. (2008). Patient education: Effective methods of content delivery. *Bariatric Nursing and Surgical Patient Care*, 2(4), 262. doi: 10.1089=bar.2008.9949

Crowley, N. (2006). Understanding the knowledge, attitudes, and beliefs of Elementary School principals regarding health report cards in school. Poster Presentation at the Annual Meeting of the New York State Dietetic Association; Rye, NY.

Other Writing

Crowley, N. (2019). Considering cravings: Tips for conquering your sweet tooth. *Weight Matters Magazine, Winter 2019*, January 2019. <https://4617c1smqldcqsat27z78x17-wpengine.netdna-ssl.com/wp-content/uploads/winter-2019.pdf>

Crowley, N. (2015). CPE Monthly: Bariatric surgery in diabetes management. *Today's Dietitian Magazine*, June, 2015. www.todaysdietitian.com/pdf/courses/CrowleyBariatricSurgery.pdf
Featured in 'Developing a Sensitivity Program for Obese Patients'. *Healthcare Business Insights, Cost & Quality Academy, 'Population & Disease Management'*, October 2013.

Crowley, N, Petitpain, P, Axiotis, D. (2013). CPEU Article: Making sense out of copper: A background Guide to copper deficiency after bariatric surgery. *Weight Management Matters*, 12(1), 1-5.

Crowley, N. (2013). Stocking their toolbox: Bariatric self-help workbooks. *Weight Management Matters*, 11(4), 9-10.

How Is Your Bariatric Team Integrating Social Media into its Program? Edited by Jamie Devereaux. *Bariatric Surgical Patient Care*, March 2013, 8(1), 9-11. doi:10.1089/bari.2013.9993

Invited Presentations

"The Pros and Woes of Living in a Connected World". Your Weight Matters National Convention of the Obesity Action Coalition. Tampa FL, August, 2019.
<https://www.ywmconvention.com/wp-content/uploads/2019/08/Breakout-Session-Tech-Tools-The-Pros-and-Woes-of-Living-in-a-Connected-World.pdf>

"Finding your Niche in Advocacy". Your Weight Matters National Convention of the Obesity Action Coalition. Tampa FL, August, 2019.
<https://www.ywmconvention.com/wp-content/uploads/2019/08/Breakout-Session-Finding-Your-Niche-in-Advocacy.pdf>

"Introduction to the Integrated Health Workshop". American Society of Metabolic and Bariatric Surgery (ASMBS) Bariatric Society of the Carolinas 3rd Annual Integrated Health Workshop. Pinehurst, NC, July 2019.

"Pre-Advocacy Summit Webinar: Treat and Reduce Obesity Act of 2019". Academy of Nutrition and Dietetics Webinar. Charleston, SC, June 2019.

"Integrating Patient-Centered Counseling into your Practice". American Society of Metabolic and Bariatric Surgery (ASMBS) Weekend: Integrated Health (IH) Practice Management. Chicago, IL, June 2019.

"Oops... I did it again: A case study on provider weight bias". American Society of Metabolic

and Bariatric Surgery (ASMBS) Weekend: Forgive and Remember: Confessions and Lessons. Chicago, IL, June 2019.

“Increase Coverage for Nutrition Services: It Starts with You!”. Weight Management Dietetic Practice Group (WMDPG) Webinar. Co-presenters: Marsha Schofield and Hannah Martin. April 2019.

“Obesity Care Continuum & the State Advocacy Representative (STAR) Program”. South Carolina Academy of Nutrition and Dietetics (SCAND) Policy Day ‘Taking a Seat at the Table’. Columbia, SC, March 2019.

“Incorporating Technology into your Practice”. American Society for Metabolic and Bariatric Surgery (ASMBS) Obesity Week Pre-Conference Course. Nashville, TN, November 2018.

“Making an Impact with Motivational Interviewing”. Medical University of South Carolina Dietetic Internship Lecture Series. Charleston SC, November 2018.

“Mission Possible: Changing Reimbursement Policy for Obesity Prevention and Treatment”. Food and Nutrition Conference and Expo (FNCE). Washington DC, October 2018.

“Supporting Patients Before, During, and After Weight Loss Surgery”. South Carolina Area Health Education Consortium (AHEC) SC Health Occupations Outreach Learning System (SCHOOLS) Program. Charleston, SC, October 2018.

“Bariatric Surgery Survival Skills for Renal Dietitians”. South Carolina Renal Nutrition Association Fall Symposium. Columbia SC, October 2018.

“Introduction to the Integrated Health Workshop”. American Society of Metabolic and Bariatric Surgery (ASMBS) Bariatric Society of the Carolinas 2nd Annual Integrated Health Workshop. Myrtle Beach SC, July 2018.

“Best Practices in Nutrition Education”. American Society of Metabolic and Bariatric Surgery (ASMBS) Weekend. New York City NY, June 2018.

“Key Elements to Support Bariatric Patients”. Tennessee ASMBS Bariatric Chapter Meeting. Nashville TN, May 2018.

“Turn Frustration into Fulfillment: Public Policy Leads to Professional Growth”. Moderator, Weight Management Dietetic Practice Group (WMDPG) Webinar. Charleston SC, April 2018.

“Motivational Interviewing Strategies”. South Carolina Department of Health and Environmental Control (DHEC) Annual Nutrition Meeting 2018. Columbia SC, March 2018.

“Communicate with Impact using Behavior Change Strategies for Weight Management Counseling”. South Carolina Public Health Association Annual Conference 2018. Myrtle Beach SC, February 2018.

“Exploring Telenutrition: Evidence, Operationalization and Opportunities”. Villanova University MacDonald Center for Obesity Prevention and Education (COPE) Webinar. Charleston SC, December 2017. https://www1.villanova.edu/villanova/nursing/centers/obesity/webinar_series/dec_20170.html

“The Art of Balancing Evidence-based and Patient-centered Counseling”. Obesity Week 2017 Sponsored Symposium: Weight Management Dietetic Practice Group and Bariatric Fusion. Washington DC, October 2017.

“Debate Panel: Snacking is Helpful in Weight Management”. Obesity Week 2017 Weight Management Dietetic Practice Group Level 2 Symposium. Washington, DC, October 2017.

“Reaching the Masses: How to use Social Media to Communicate with the Public – Benefits of Social Media”. American Society of Metabolic and Bariatric Surgery Obesity Week 2017: Pre-conference course Masters in Behavioral Health II. Washington, DC, October 2017.

“Making an Impact with Motivational Interviewing”. American Society of Metabolic and Bariatric Surgery Obesity Week 2017: Pre-conference course for Integrated Health: Nutrition II. Washington, DC, October 2017.

“Literature Review and Research Directions”. American Society of Metabolic and Bariatric Surgery Obesity Week 2017: Pre-conference course for Integrated Health: Support Groups. Washington, DC, October 2017.

“Elevate Your Bariatric Nutrition Practice: Bring your ‘A’ Game”. Moderator, Food and Nutrition Conference and Expo (FNCE). Chicago, IL, October 2017.

“Panel: Stigma of Morbid Obesity”. MUSC Schwartz Center Rounds Panelist. Charleston, SC, October, 2017.

“Supporting Patients Before, During, and After Weight Loss Surgery”. South Carolina Area Health Education Consortium (AHEC) SC Health Occupations Outreach Learning System (SCHOOLS) Program. Charleston, SC, October, 2017.

“Guidance in the Guidelines: Looking at your Nutritional Needs after Bariatric Surgery. Let’s Look at the ASMBS Nutritional Guidelines”. Your Weight Matters National Convention of the Obesity Action Coalition. New Orleans, LA, August, 2017. <https://www.youtube.com/watch?v=G5kAsFC4p98>

“Living Nutritiously: Making the Healthy Choice the Easy Choice. Potlucks to Parties: Navigating Social Gatherings”. Your Weight Matters National Convention of the Obesity Action Coalition. New Orleans, LA, August, 2017.

“Weight-Bias Proof Your Clinic”. American Society of Metabolic and Bariatric Surgery (ASMBS) Integrated Health Workshop at the American College of Surgeons Bariatric Society of the Carolinas (BSC) Annual Meeting, Pinehurst, NC, July 15, 2017.

“Advanced Counseling Skills that Motivate and Create Change – Part I and II”. ReShape Medical Inc. Webinar for Dietitians working with Non-surgical ReShape IntraGastric Balloon Patients, Charleston, SC, June 27 & July 27, 2017. <https://attendee.gotowebinar.com/recording/5846163082151955715>

“Healthcare Theater: Check your Weight Bias at the Door”. MUSC Health Office of Diversity

and Inclusion, Health Care Theater Charleston, SC, April 11, 2017.

“Use it and Lose it: Tackling Obesity Through Utilizing Available (and reimbursable) Resources”. South Carolina American Academy of Pediatrics CATCH Meeting. Charleston, SC, January, 2017.

“Use it and Lose it: Tackling Obesity Through Utilizing Available (and reimbursable) Resources”. Frontiers in Pediatrics Workshop. Charleston, SC, December, 2016.

“Best Practices in Nutrition-Related Education”. American Society of Metabolic and Bariatric Surgery Obesity Week 2016: Pre-conference course for Integrated Health, Nutrition, Surgeons: Challenges and Opportunities in Bariatric Nutrition I. New Orleans, LA, November 2016.

“Current Research in Support Groups”. American Society of Metabolic and Bariatric Surgery Obesity Week 2016: Pre-conference course for Integrated Health: Support Groups. New Orleans, LA, November 2016.

“Connecting Doctors to Dietitians: the Value of Collaboration in Getting Nutrition Counseling to those who Need it Most” with Amanda Peterson, RD. Eat Smart Move More Obesity Summit. Columbia, SC, October, 2016.

“Does Hidden Bias Impact Clinical Care?” with Dr. Janice Sabin. Today’s Dietitian Continuing Education Webinar. Charleston, SC, September, 2016.

“Communication Techniques for Optimizing Outcomes: Careful what you Say”, “Behavioral and Nutrition Cases and Cultural Sensitivity”, “Non-weight-based Counseling and Goal Setting”. Bariatric Summit. Nashville, TN, September, 2016.

“The Great Debate Series: Food Addiction” with Dr. Nicole Avena. Your Weight Matters National Convention of the Obesity Action Coalition. Washington, DC, August, 2016.
https://www.youtube.com/watch?v=p5sC1_bZquQ

“Careful Communications for Optimal Outcomes: Communication, Patient-Centered Care, the Empowerment Approach, and Patient Perception”. Joint Annual Meeting of the SC and NC Chapters of the American College of Surgeons: Bariatric Society of the Carolinas. Myrtle Beach, SC, July, 2016.

“Self-reported Food Addiction and Treatment Implications” with Dr. Suzanne Thomas. Weight Management Dietetic Practice Group (WMDPG) Webinar. Charleston, SC, June, 2016.

“South Carolina Academy of Nutrition and Dietetics Annual Policy Day in Columbia, SC: Public Policy Partners Training”. SCAND Annual Meeting. Columbia, SC, May, 2016.

“Small steps toward big change: Begin by building a relationship with your legislator”. South Carolina Academy of Nutrition and Dietetics Webinar. Charleston, SC, April 2016.

“Wrestling with Weight Regain after Weight Loss Surgery”. Dietitian Central Webinar. Charleston, SC, March 2016.

“Bariatric Focused Counseling Techniques”. American Society of Metabolic and Bariatric Surgery Obesity Week 2015: Integrated Health Session: Nutrition I. Los Angeles, CA, November

2015.

“Bariatric Support Groups for the More Seasoned Leader”. American Society of Metabolic and Bariatric Surgery Obesity Week 2015: Integrated Health Session. Los Angeles, CA, November 2015.

“Choose your Words, Check your Bias, Champion Behavior Change”. Weight Management Dietetic Practice Group Symposium. Portland, OR, April 2015.

“Dose your Lactose: Examining Tolerance to Lactose and Dairy after Bariatric Surgery”. Georgia Academy of Nutrition and Dietetics Annual Conference & Exposition. Augusta, GA, March 2015.

“South Carolina Department of Health and Human Services (SCDHHS) Obesity Initiative: Reimbursement for RDs”. South Carolina Academy of Nutrition and Dietetics Annual Meeting. Columbia, SC, March 2015.

“Weight Loss Required by the Severely Obese to Achieve Clinically Important Differences in Health-Related Quality of Life: 2-Year Prospective Cohort Study”. Medical University of South Carolina Nutrition Section Journal Club. Charleston, SC, November 2014.

“Bariatric Surgery for Adolescents”. Medical University of South Carolina Pediatric Heart Health Program. North Charleston, SC, November 2014.

“Making Outcomes Research your GOAL”. Medical University of South Carolina Inpatient and Outpatient Registered Dietitians meeting. Charleston, SC, November 2014.

“Dose your Lactose: Examining Tolerance to Lactose and Dairy after Bariatric Surgery”. Southeast United Dairy Industry Association Webinar. Charleston, SC, November 2014.

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Honors and Awards

2017	American Society of Metabolic and Bariatric Surgery (ASMBS) LEAD Awards honoring leaders in the field of Metabolic & Bariatric Surgery (Leadership – Education – Advancement – Dedication) Excellence in Nutrition Award
2016	Academy of Nutrition and Dietetics Foundation CDR Grassroots Marketing Grant to promote the RDN credential
2015	Academy of Nutrition and Dietetics Foundation/Weight Management Dietetic Practice Group (WM DPG) Excellence in Weight Management Outcomes Research for the Emerging Researcher Award
2015	South Carolina Academy of Nutrition and Dietetics (SCAND) Emerging Dietetic Leader
2014	Charleston Trident Dietetic Association (CTDA) Emerging Dietetic Leader
2013	Academy of Nutrition and Dietetics Foundation/Weight Management Dietetic Practice Group (WM DPG) Rebecca Snowball Reeves Continuing Education Award for Dietetics Professionals working in Obesity
2012	Charleston Trident Dietetic Association (CTDA) Outstanding Dietitian of the Year
2011	American Dietetic Association Foundation (ADAF) Patsyjane O'Malley Memorial Scholarship
2011	American Dietetic Association Foundation (ADAF) Mary Abbott Hess Award for Recognition of an Innovative Food or Culinary Effort for Bariatric Bootcamp Curriculum
2010	Weight Management Dietetic Practice Group (WM DPG) Public Policy Workshop Stipend Award
2010	South Carolina Dietetic Association (SCDA) Outstanding Dietetics Educator of the Year
2010	Charleston Trident Dietetic Association (CTDA) Outstanding Dietetics Educator of the Year